Referral Form

To be completed by services wishing to refer a young person to headspace Wonthaggi.

Referral Criteria and Guidance

headspace Wonthaggi is a free, youth-friendly and confidential service available to young people aged 12-25 years, in Wonthaggi and surrounding areas. The services available at headspace Wonthaggi include:

• Youth-Friendly GPs

Counselling

Alcohol and Drug Support

- Vocational support
- Psychologist services (under a GP Mental Health Treatment Plan)

headspace Wonthaggi is a full-service centre, which works in conjunction with outposted services in Cowes, Foster, Korumburra, Leongatha and Wonthaggi.

headspace Wonthaggi works with young people experiencing mild to moderate mental health issues such as stress, anxiety, depression or grief.

headspace Wonthaggi is not an acute mental health / crisis service. If you have any immediate concerns regarding the safety of a young person, please call:

- Kids Helpline: 1800 551 800
- Emergency Services: 000
- Lifeline: 13 11 14

Please return the completed referral form to:

headspace Wonthaggi

5b Murray Street

Wonthaggi, Vic 3995

Phone: (03) 5671 5900 Email: <u>referrals@headspacewonthaggi.org.au</u>

Self-Referral

Young people can refer themselves to headspace Wonthaggi. Young people are encouraged to contact headspace Wonthaggi directly by either phoning, emailing or walk-in to the centre.

Family and Friend Referral

Family, carers and friends can refer a young person to headspace Wonthaggi. Please contact headspace Wonthaggi directly by either phoning, emailing or walking in to the centre.

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headspace Wonthaggi Referral Form

| Young Person's Details | | | | | |
|-------------------------|--------------------------------------|--|--|--|--|
| Has the young person co | sented to this referral? | | | | |
| Name | | | | | |
| Address | | | | | |
| Date of Birth | | | | | |
| Phone Number | | | | | |
| Gender | E Female Male Transgender Other: | | | | |
| Cultural Identity | Aboriginal or Torres Strait Islander | | | | |

| Referring Service Details | | | | |
|---------------------------|--|--|--|--|
| Date of Referral | | | | |
| Name | | | | |
| Address | | | | |
| Organisation | | | | |
| Position in Organisation | | | | |
| Phone Number | | | | |
| Email | | | | |
| Reason for Referral | | | | |

Please include any information which may be useful to assist with the referral (e.g. mental health, drug and alcohol, vocational / educational or physical health including past / current risk assessments).

| Does the young person: have an existing GP? If yes, please detail: | Yes | 🗌 No | Unsure | | |
|---|----------------|--------------|--------|--|--|
| have an existing Mental Health Treatment Plan? require an interpreter? have a preferred location? | ☐ Yes ☐ Yes | ☐ No ☐ No | Unsure | | |
| Risks to Worker Safety | | | | | |
| Please include any known risks and current management strategies: | | | | | |

headspace Wonthaggi is operated by Relationships Australia Victoria. All headspace services are funded by the Australian Government Department of Health. Administration of funding is carried out by the headspace centre's local Primary Health Network, in this case, Gippsland Primary Health Network.