headspace Werribee Groups Timetable



Monday	Tuesday	Wednesday	Thursday	Friday
GameScape Got skills? Love Gaming? Come along to headspace to meet other young people with similar interests, game, have a bite to eat and a chat.	Skill Space A fun and interactive four week program that gives you the chance to build skills to help you socialise, have fun with other people, manage stress and feel good about yourself.		ninjaART A free & fun art group that gives you the opportunity to explore meaning & creativity through a variety of mediums (painting, drawing, sculpting, creative writing).	
Who: Young people aged 12-25 who like gaming. When: 15 th Feb – 21 st March 4-5pm	Who: Young people aged 12 – 16 years When: 23 rd Feb – 15 th March 4-5.30pm		Who: Young people aged 12-18 years. When: 4-5:30pm 28 th Jan – 24 th March	

Interested? Contact Access Team on 8001 2366

All group programs are run at headspace Werribee – 5 Duncans Road Werribee