

Applications are open for the:

headspace Rockingham Youth Reference Group

Are you aged between 12 and 25? Do you have something to say about health, mental health and drug and alcohol issues?

What is the headspace Rockingham Youth Reference Group?

headspace is providing young people with the opportunity to be heard and be active around youth mental health and the social & emotional well-being of young people. There are a number of roles you can play in the **headspace Rockingham Youth Reference group**, including:

- Leading a project in your local area
- Website consultation and development
- Research and evaluation of **headspace** services
- Consultation around resource development like factsheets, brochures and radio ads
- Peer support and mentoring
- Media Spokesperson

By getting involved you will:

- Meet a wide range of people and have great fun doing it
- Have the opportunity to have your say and direct youth mental health services in Australia
- Develop new skills
- Make a difference to headspace Rockingham

headspace will provide some training to support you to participate in the above groups or activities

How do I get involved?

Complete the application form and email it to jeremy@headspacerock.com.au or you can post it to:

headspace Rockingham, PO Box 299 Rockingham WA 6168

You can also email jeremy@headspacerock.com.au or call 6595 8888 if you have any questions about the YRG!

Who can apply?

We are looking for anyone aged between 16 and 25 who is looking to be involved with their local **headspace** centre. We are looking for about 10 local young people to join the group.

We want you to apply if you have an interest in the mental health and well-being of young people in the Rockingham and surrounding areas.

The group is also keen to hear the voices of Indigenous young people, young people from different cultural backgrounds, young people from rural and remote areas, gay, lesbian, bisexual and transgender young people and young people who have been homeless.



headspace Rockingham Youth Reference Group application form

Personal Details

Name	<input type="text"/>
Phone	<input type="text"/>
Email	<input type="text"/>
Address	<input type="text"/> <input type="text"/>
Date of Birth	<input type="text"/>
Gender	<input type="text"/>

What languages do you speak at home?

Where were you born?

Where were your parents born?

Are you Aboriginal or Torres Strait Islander?

What is your interest in the mental health and well-being of young people?



About You

Please tell us a bit about yourself?

(For example: I am 15 years old, and attend alternative education centre 3 days a week, I like skate-boarding etc)

Please describe your areas of interest?

Are you involved in any other organisations? If yes, which ones and what is your involvement?

Is there anything else you would like to tell us?