**Headspace Parramatta Family and Friends Reference Group**

**Expression of Interest Form**

The headspace Family and Friends Reference Group will be made up of up to 10 diverse members who all have a lived experience of supporting a young person through headspace services. The aim of the headspace Family and Friends Reference Group is to advocate for the role, contribution and needs of families and friends across all headspace programs and services. Please complete an expression of interest to participate on the Family and Friends Reference Group by answering the questions below.

**Date:**

**Name:**

**Email:**

**Phone:**

**DOB:**

**Basic Details**

**Questions**

1. Are you available to volunteer 2-4 hours of your time bi-monthly? Yes No
2. Do you have a family member or friend recently (within past 12-month period) or currently accessing headspace services? Yes No

*You are not required to disclose the young person’s details*

1. Does your family member and or friend accessing headspace services identify as LGBTIQ+ CALD, ATSI and or has a disability? Yes No

*To support your nomination as our Reference Group membership group requires and promotes diversity and inclusion*

1. *Are you a parent or carer?* Yes No
2. Please tell us about yourself and why would you like to be part of the Family and Friends Reference Group?

                                                                                                                                                                                                                                                                                             

1. What skills and ideas could you bring to the Family and Friends Reference Group?

                                                                                                                                                                                                                  

1. What do you hope to gain from the group?

                                                                                                                                                                                                                                                                                                                                                                        

Please note that:

* You will be asked to sign and agree to the Terms of Reference for our Family and Friend Advisory Group.
* Quarterly meetings will be held at our headspace centre
* Regular attendance and participation will be required to maintain current membership of this group with membership limited usually 18-month term (as negotiated).
* The group will be facilitated by the headspace Centre Manager and/or a delegate from the headspace team.
* Meeting details and reminders will also be advertised either via a closed Facebook Page as agreed to and or via text message as consent is obtained.
* Meetings will be bound by confidentiality requirements and expectations with the exception of course to publicly available information.
* This is a voluntary reference group with no financial compensation provided. Refreshments however will be provided given the time of the meeting.
* Access to service information, marketing and promotion materials will be provided to all members of this group.
* For further information please email headspace at [headspace.parramatta@flourishaustralia.org.au](mailto:headspace.parramatta@flourishaustralia.org.au) or contact 1300 737 616
* Also for inspiration please refer to headspace National’s Reference Group to have a look at what we are doing as a service nationally with the National headspace Family and Friends Reference Group at [https://headspace.org.au/about-us/headspace-friends-and-familynational- reference-group/](https://headspace.org.au/about-us/headspace-friends-and-familynational-%20reference-group/)

**Please email this form to** [**headspace.parramatta@flourishaustralia.org.au**](mailto:headspace.parramatta@flourishaustralia.org.au) **when complete.**