



paws for thought

Are you 12-25 and have been having a ruff time?

Then join our Paws for Thought animal therapy group. Being around animals has a positive impact on mental health, and our therapy dogs love a pat, a cuddle and a chat.

when
Every Thursday 4pm-5:30pm

where
headspace Knox - 2 Capital City Blvd, Wantirna South

contact
call 9801 6088 if you have any questions