# Young People

### Your Responsibilities

You have the responsibility to:

SHOW RESPECT for the people taking care of you & other users of our services

**BE INVOLVED** in making decisions on issues that affect your life

RESPECT the privacy, needs & dignity of others accessing or working at headspace Horsham by being courteous & considerate



**KEEP** appointments arranged for you or to contact us if you can't attend

ADVISE of CHANGES to contact details, change of address





## Young People

### **Your Rights**

#### You have the right to:

ACCESS: I have a right to access services & my health records that are important to me

FEEL SAFE: I have a right to receive support that is high quality and provided in a way that ensures my safety which is neither discriminatory nor judgemental

**FEEL RESPECTED:** I have a right to be treated respectfully, with dignity &consideration.

communicated to: I have a right to receive information about the services and treatment options available at headspace Horsham in a clear & youth-friendly way

DECISION MAKING: I have a right to be included in the decisions & choices made about the support I receive & the issues that affect my life

SPEAK UP: I have a right to provide feedback about the support that I receive & to have a response to any concerns that I express to headspace Horsham or directly to headspace National Office

PRIVACY: I have a right to privacy and confidentiality of the information I share while receiving support at headspace Horsham

**REQUEST:** Be able to request a different worker if you're not satisfied or comfortable with the team member you have been allocated to



