what's on? (Sep/Oct)

က္ကြာ headspace

These school holidays headspace Berri have partnered with a range of other community groups to offer cool things. Get involved.

Pillow Fort Renmark

with Riverland Youth Theatre

headspace Berri have teamed up with RYT. Join us Saturday 25 Sep 11am - 3pm at the Renmark Insitute for crafting, face-painting, games, theatre and fun! Gold coin donation. All ages welcome. Call 8583 3437 to register.



Meet the hERO group creative hangout

Come and meet the headspace hEROs. Drop into headspace Berri for crafting, board games, chats & snacks Tuesday 28 Sep anytime between 11:30am - 4:30pm. Ages 14-26. Free to attend. Email aherrmann@focusonehealth.com.au to RSVP.

3 Oct

headspace Day with Barmera Markets

Join headspace Berri and the Barmera Markets this October to celebrate headspace Day and Mental Health Month. Young businesses and creatives (aged 12-25) can apply for subsidised market stalls and we are curating a performance program for the day. Get in touch with our Community Awareness Officer Alysha on aherrmann@focusonehealth.com.au for more information about performing or having a stall. Put Sunday 3 Oct in your diary and we'll see you at the Barmera Markets 9am - 1pm to celebrate headspace Day!

Intro to Design

with Riverland Youth Theatre

headspace Berri have teamed up with RYT. Join us in this two day workshop with legendary stage and event designer Kathryn Sproul at the Renmark Institute. Thurs 7 & Fri 8 Oct 10am - 4pm for ages 13-20. \$30 for both days. Call 8586 3437 to register.

Pillow Fort Barmera

with Riverland Youth Theatre

headspace Berri have teamed up with RYT. Join us Sunday 10 Oct 11am - 3pm at the Soldiers Memorial Hall (Barmera) for crafting, face-painting, games, theatre and fun! Gold coin donation. All ages welcome. Call 8583 3437 to register.