**EXPRESSION OF INTEREST
Youth Reference Group (YRG)**

**Full name:** **Pronouns:**

**Home address:**

**Contact number: (home)**  **Mobile:**

**Email:**

**Date of birth (DOB):** **/****/****Age:**

**Are you available to volunteer 2-4 hours a month?** [ ]  Yes [ ]  No

**If you have responded ‘Yes’ to the previous question, please tell us what day(s) you are available.**

**Tell us a little about yourself and why you would like to be part of the YRG:**

**How do you see the Youth Reference Group being involved in the Canterbury-Bankstown and South-Western Sydney community?**

**What youth issues are you passionate about?**

**What change would you like to see happen in the local area?**

**What are your strengths?**
[ ]  I’m good with people [ ]  I know the area well [ ]  I have a lived experience [ ]  I am studying a relevant course [ ]  Personal/professional growth [ ]  I would like to give back to the community

**Please provide 3-5 additional strengths that you could contribute towards the group:**

**Please email the completed form to** headspace.bankstown@flourishaustralia.org.au

**To give you an insight as to what YRG members’ responsibilities are, tasks include:**

* **Monthly meetings** to raise and discuss issues and decisions relating to young people, changes to the centre, staff, policies and intake processes and upcoming events. Young people will have the opportunity to facilitate meetings or for minute taking at their discretion.
* **Assisting** Service and Community Development Officer and other staff members in organising, setting up for and participating in events such as NAIDOC Week and Mental Health Month.
* **Upskilling** your personal and professional development skills including opportunities for First Aid Training, Mental Health First Aid Training, public speaking and more.
* **Lead and collaborate** with fellow YRG members on projects according to Communities of Practice goals (for example, Financial Literacy Pack).

For additional information, please refer to the *YRG Position Description*, which you can request for with any headspace staff member.